



I want to thank Renascent from the bottom of my heart for giving me the tools and knowledge to get my sobriety back.”

– Maxime B., Renascent Alumni



Getting into Treatment

Begin rapid admission by calling Jennifer Caven, Community Relations and Partnerships Coordinator at 1-866-232-1212 ext. 1232 or Isaiah Gayle, Manager - Community Relations and Partnerships at 1-866-232-1212 ext 4028.

Consent to verify plan coverage, complete rapid screening, intake, and assessment with your dedicated clinician.

Review admission documents and schedule admission and travel.

Attend admission at treatment centre.

Receive 24/7 online support with Breaking Free.

renascent.ca

Charitable Registration #11911 5434 RR0001

Renascent's Complete Care Treatment Program

For the Boilermakers'
National Health Plan
(Canada)



Begin your recovery with Renascent.

At Renascent, we help change lives by providing high-quality care for people who struggle with substance addiction and concurrent mental health issues. Our approach is driven by evidence and our clients are at the centre of all we do.

About Addiction Treatment at Renascent

- Programs are services delivered by professionals who have addiction training, and lived experience of addiction and long-term recovery.
- Grounded in 12-step facilitation and meetings.
- Group and one-on-one counselling and therapy provided.
- Extensive post-treatment planning and access to our Alumni Program to help long-term recovery after you leave treatment.

Intensive Live-in Treatment at Renascent

- Medical assessments and 24/7 counselling and support.
- Gender-supportive centres and programs. We work with non-binary and trans to ensure their specific needs are met.
- Comprehensive medical examinations by physicians who specialize in Addiction Medicine.
- Regular, nutritious, and delicious meals at our home-like centres.



Complete Care Program includes:

- Withdrawal management support to minimize distress and complications
- Intensive Live-in Treatment Program (35 days)
 - Introducing basic addiction recovery principles
 - Learning skills to cope with stress and intense emotions
 - Introducing evidence-informed therapies such as Cognitive Behavioural Therapy, and dialectical behaviour skills.
 - Learning to identify cues and craving narratives that may lead to relapse.
 - Discharge and relapse planning, as well as connections to community support.
- **Continuing Care Program:** Up to six months of virtual support (one session per week)
- **Alumni Support:** Lifetime access to support through regular alumni recovery meetings
- **Children's Program:** Counselling for clients' children to help them cope and recover
- **Family Program:** Family members benefit from learning similar principles taught in inpatient treatment



Boilermakers' National Health Plan (Canada)

Addiction Treatment Benefits

- Rapid Assessment within 48 hours
- Rapid Admission within a week
- Safety sensitive return to work services and assessments.
- Travel coordination into treatment

